

# Inclusion/Exclusion Referral Criteria

## Acceptance Criteria

Individuals referred to BHRTC must meet the following criteria:

- Female age 18+
- Pregnant, or parenting with child 12 months or younger at time of admission
- Current diagnosis of moderate to severe substance use disorder
- Not currently in withdrawal
- Demonstrated compliance with court, probation, or parole requirements and have no active arrest warrants
- Any current criminal charges/legal issues should be related to substance use disorders rather than other types of charges
- In a situation where continued substance use places her pregnancy and/or child at risk and she is deemed able to safely care for her child within the structure of a 24-hour residential setting
- Stable medical conditions
- Stable mental health conditions
- Able and willing to live in a group living environment and follow house rules, fully able participate in the BHRTC program
- Functionally able to complete all activities of daily living, NO assistance with ambulation or transfers needed

## Exclusion Criteria

Clients are NOT eligible for referral to BHRTC if they meet any of the following criteria:

- Functionally unable to complete all activities of daily living
- Assistance with ambulation or transfers needed
- Current intoxication and/or active withdrawal, or meets criteria for a substance-induced mood disorder
- Continence Issues
- Gastrointestinal illness (nausea, vomiting, diarrhea)
- An acute infection (fever, cough)
- Wounds that need medical attention (open wounds, ostomy <30 days old, etc.)
- Untreated infectious diseases or infestations (lice, scabies, etc.)
- Hx in last 6 months of violent/assaultive behaviors/legal charges
- Unstable or urgent psychiatric condition

A pre-admission review and approval by the BHRTC Medical Director will be required if a client meets any of the following criteria:

- Currently undergoing chemotherapy or radiation
- Has an organ transplant
- Is on steroids
- Has had a gastrointestinal bleed in the last 7 days
- Is on hemodialysis or peritoneal dialysis for kidney failure
- Is on blood thinners (e.g., Warfarin/coumadin, Xarelto, Heparin/Lovenox, etc.)
- Has had surgery in the last 2 weeks, or
- Is diagnosed with unstable diabetes mellitus (IDDM, GDM, etc.)

**ASAM Dimension 1 – Acute Intoxication and/or Withdrawal Potential**

- 3.1: No withdrawal risk, or minimal or stable withdrawal.
- 3.5: At minimal risk of severe withdrawal.

**ASAM Dimension 2 – Biomedical Conditions and Complications**

- 3.1: None or stable and receiving concurrent medical monitoring
- 3.5: None or stable and receiving concurrent medical monitoring

**ASAM Dimension 3 – Emotional, Behavioral, or Cognitive Conditions and Complications**

- 3.1: None or minimal; not distracting to recovery. If stable, receiving concurrent psychiatric monitoring
- 3.5: Demonstrates repeated inability to control impulses, or unable and dangerous signs/symptoms require stabilization. Other functional deficits require stabilization and a 24-hour setting to prepare for community integration and continuing care.

**ASAM Dimension 4 – Readiness to Change**

- 3.1: Open to recovery, but needs a structured environment to maintain therapeutic gains
- 3.5: Has marked difficulty with, or opposition to, treatment for dangerous substances. *(If there is a high severity in Dimension 4 but not in other dimensions, motivational enhancement strategies should be provided in Level 1)*

**ASAM Dimension 5 – Relapse, Continued Use, or Continued Problem Potential**

- 3.1: Understands relapse but needs structure to maintain therapeutic gains
- 3.5: Has no recognition of the skills needed to prevent continued use, with imminently dangerous consequences

**ASAM Dimension 6 – Recovery/Living Environment**

- 3.1: Environment is dangerous, but recovery achievable if 24-hour structure is available
- 3.5: Environment is dangerous and the patient lacks skills to cope outside of a highly structured 24-hour setting