



Substance Abuse Treatment Groups

PLEASE NOTE: Space is limited. **Please call to reserve your spot.**

Socialization Group - Any Client Welcome

Space is limited so please call Dawn Kofahl at 719-499-6827
Ongoing | Wednesdays - 2pm - 4pm

Nurturing Parents

Open Group - Coed
Ongoing | Wednesday - 4pm - 5:30pm

Seeking Safety, Women and Trauma in Recovery

Women Only, Closed Group
Ongoing | Thursday 5pm - 7pm

Contact **Dawn Kofahl at 719-499-6827** to register for group intake or discuss availability.

Group sessions will cover (but are not limited to):

- Relapse prevention skills
- Understanding addiction
- Impact of trauma
- Stress and anger management
- Interpersonal relationship and communication skills
- Conflict resolution
- Parenting,
- Involvement with DHS and legal systems
- Women specific issues and daily life skills.

Payment

For those with Medicaid, we will bill Medicaid for your group services. HPP does not require any fee for these services. We accept all clients, regardless of insurance status or ability to pay. We do require a brief intake to receive state funding for services and determine appropriateness for services. Please call for any additional payment questions